



Call (510) 832-2663

to schedule an appointment

Two Locations

- Oakland:
1814 Franklin Street, Suite 620
- San Ramon:
125 Ryan Industrial Court #203

**Physician Order for Bone Density Test
Dual Energy X-Ray Absorptiometry**

Date (exp. 3 mos.)

Patient Name: New Return

Physician:

Name: NPI#:

Diagnosis Code:

Mandatory - see back for codes

Region of Interest for Bone Density Test

- Lumbar Spine
- Hip
- Forearm (non-dominant)
- Vertebral Fracture Assessment (VFA)
- Whole Body/Body Fat Composition

*Consider VFA and/or forearm when presence of vertebral fx will influence clinical management decisions. VFA indications: back pain, kyphosis, height loss, vertebral compression fx by DEXA, T-score at LS \leq -2.5. Forearm indications: spine instrumentation, spine fx, severe degenerative disease, scoliosis, bilateral hip replacements, severe hip arthritis, obesity, hyperparathyroidism.

Medicare covers one(1) procedure (ex. hip and spine) every 24 months in women 65+ and men 70+.

MediCal only covers hip and spine tests for their members. Prior insurance authorization may be required from carriers other than Medicare to schedule an appointment.

**CODES, DIRECTIONS AND INSTRUCTIONS
ON BACK OF ORDER**

Updated September 2008

Directions

OAKLAND: Located at the corner of 19th and Franklin Streets in the Leamington Building—between Broadway and Webster. Metered street parking available or hourly at the garage on 19th between Franklin and Broadway. Convenient to 19th street Bart Station or AC Transit.

SAN RAMON: Take the Crow Canyon West exit highway 680. Turn right on Old Crow Canyon Road and left at Ryan Industrial Court. Located in the building at the top left of the cul de sac. Park at rear of building to access the second floor directly from the parking lot.

Patients: Before your appointment

1. Do not take any calcium tablets 24 hours before your test.
2. Wear comfortable or other loose fitting clothes like a sweat suit—this minimizes the need to change into a hospital gown. Avoid wearing clothing that contains metal such as underwire bras, rivets, zippers.
3. Please let us know if you have had a recent x-ray.
4. Please let us know if you have had prior bone density exams. We will need to obtain copies for comparison.
5. **PLEASE BRING THIS PHYSICIAN ORDER TO THE APPOINTMENT.**
6. A cancellation fee of \$20 will be charged on any appointment if not cancelled 24 hours in advance.

Typical Diagnosis Codes Accepted by Insurance Carriers

733.01	Senile Osteoporosis/Postmenopausal
733.02	Osteoporosis; Idiopathic
733.03	Disuse Osteoporosis
733.09	Osteoporosis; Other
733.90	Disorders of Bone and Cartilage
252.1	Hypoparathyroidism
268.2	Osteomalacia, Unspecified
268.9	Unspecified Vitamin D Deficiency
275.3	Disorders of Phosphorus Metabolism
275.49.1	Disorders of Calcium Metabolism
756.51	Osteogenesis Imperfecta
756.50	Osteodystrophy, unspecified
579.8	Intestinal Malabsorption
627.2	Hypoestrogenism
627.4	Postsurgical Menopause
257.2	Testicular Hypofunction
244.9	Hypothyroidism
Other	_____

**FOUNDATION FOR OSTEOPOROSIS
RESEARCH AND EDUCATION**
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